

OCTOBER

Monday	Tuesday	Wednesday	Thursday	Friday
				10/1
				Pizza, Salad, and Cookie
10/4	10/5	10/6	10/7	10/8
Chicken Parmesan Sub with chips and Fresh Fruit	Cheese Quesadilla w/ Salsa and Sour Cream, Spanish rice, Pudding	BBQ Grilled Chicken served with potato; Seasoned Corn, and Yogurt	Turkey BLT Wrap with side of ranch , Macaroni Salad and Fruit	Pizza, Salad, and Brownie
10/11	10/12	10/13	10/14	10/15
NO SCHOOL - COLUMBUS DAY	Beef Fajitas with peppers, onions, sour cream, shredded cheddar & soft tortillas & cookie	BBQ Boneless Pork Riblets, Potato Salad, Roll, Fruit	Spaghetti, Mild Italian Sausage, Caesar Salad, Garlic Bread, Cookie	Pizza, Salad, and Choc. Pudding
10/18	10/19	10/20	10/21	10/22
Chicken Fingers, Tater Tots and grapes	Scrambled Eggs with Bacon, Potato Wedges and Fresh Fruit	Chicken Gyro w/Tomato Cukes & Tzatziki Sauce, with chips and Granola bar	Italian Meatballs with Bowtie Pasta, Veggie Sticks, and Dessert	Pizza, Salad, and cookie
10/25	10/27	10/27	10/28	10/29
Chicken Nuggets w/ Ranch, Macaroni Salad, Brownie	Chicken & Cheese Enchilada Bake served with Black Beans, Rice, Jello	Teriyaki Beef served with White Rice and Stir Fried Vegetable, Ice Cream Sandwich	Chicken, Broccol, Alfredo served with Ziti, and Garlic Bread, Fresh Cut Fruit	Pizza, Salad, and snack

